

Local Therapy for Ewing Sarcoma: Current Concepts and Opportunities for Improvement

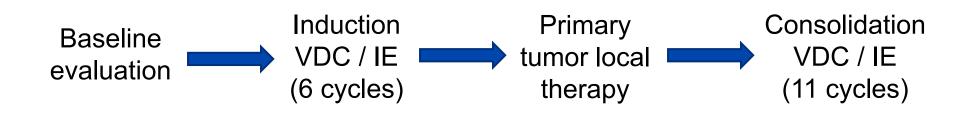
Safia K. Ahmed, MD Department of Radiation Oncology Washington University August 25, 2017

Outline

- Therapeutic background
- Current local tumor control outcomes
- Identification of patients at higher risk for local failure
- Optimization of local therapy for high risk patients
- Conclusions



Current Treatment Paradigm Localized Disease



VDC / IE = vincristine, doxorubicin, cyclophosphamide, ifosfamide, etoposide



Contemporary North American Trials

	Chemotherapy	OS	EFS	Local Failure
INT-0091,	VACD, 49 weeks	61.0%	54.0%	15%
1988-1992	VACD/IE, 49 weeks	72.0%	69.0%	5%
INT-0154,	VDC/IE, 48 weeks	80.5%	72.1%	6.2%
1995-1998	VDC/IE, 30 weeks	77.0%	70.1%	5.4%
AEWS0031,	VDC/IE, q3 weeks	77.0%	65.0%	8.0%
2001-2005	VDC/IE, q2 weeks	83.0%	73.0%	7.2%

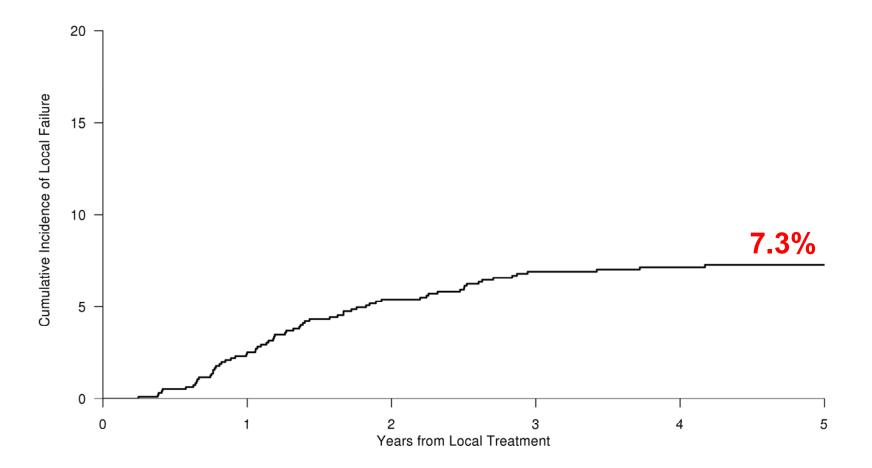
85% OS and 75% EFS

VACD = vincristine, doxorubicin, cyclophosphamide, actinomycin D VACD/IE = vincristine, doxorubicin, cyclophosphamide, actinomycin D, ifosfamide, etoposide



Granowetter et. al., *J Clin Oncol*, 2009 Grier et. al., *N Engl J Med*, 2003 Womer et. al., *J Clin Oncol*, 2012

Local Failure INT-0091, INT-0154, & AEWS0031 Analysis



MAYO CLINIC

"Local tumor control is no longer a problem in the modern era."

-Medical oncologists



Comparative Evaluation of Local Control Strategies in Localized Ewing Sarcoma of Bone

A Report From the Children's Oncology Group

"...similar EFS and OS [between local treatment modalities] reflects the relatively low contribution of local failure to overall disease failure in Ewing Sarcoma."



Mayo Clinic Ewing Sarcoma Experience

- 500 patient database
- Aims
 - Determine impact of local tumor control
 - Characterize local failure rates across various cohorts
 - Elucidate prognostic variables for local failure
 - Assess importance of local tumor control for metastatic disease
 - Evalute effect of local treatment modality on patient quality of life



What Is The Impact Of Local Therapy?



Impact of Local Therapy

• Systemic therapy alone: <30% survival

Series	5 year post-local relapse survival	
Mayo Clinic	22%	
St. Jude Children's Research Hospital	21%	
CESS 81, CESS 86, & EICESS 92	24%	

Local therapy is a crucial component of the multimodal treatment strategy

CESS = Cooperative Ewing's Sarcoma Studies EICESS = European Intergroup Ewing's Sarcoma Study

> Barker et. al., *J Clin Oncol*, 2005 Robinson, Ahmed et. al., *Am J Clin Oncol*, 2014 Stahl et. al., *Pediatr Blood Cancer*, 2011



Are All Patient Cohorts Associated With The Same Local Failure Rate?



Local Therapy Approach

- Definitive surgery
 - Margin negative resection
 - Minimal morbidity

10% local failure rate

- Definitive radiotherapy (RT)
 - Anatomically unfavorable tumors
- Surgery + radiation (S+RT)
 - Cases of incomplete resection

21% local failure rate

3% local failure rate



European Outcomes

- CESS 81, CESS 86, & EICESS 92
 - 1981-1999
 - 1,058 patients
 - RT: 26.3%
 - S ± RT: 5.3 7.5%

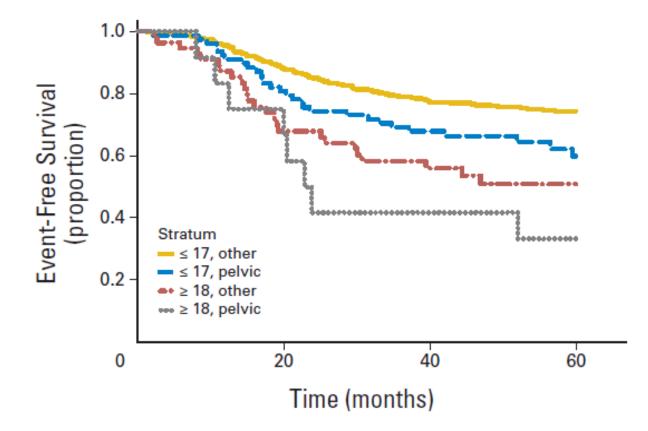
- EURO-EWING99
 - 1998-2009
 - 1,207 patients
 - RT associated with higher local failure rate
 - Await publication

EURO-EWING99 = European Ewing Tumour Working Initiative of National Groups Ewing Tumour Studies 1999



Andreou et. al., CTOS Annual Meeting, 2016 Schuck et. al., *Int J Rad Bio Phys*, 2002

Patient Age AEWS0031



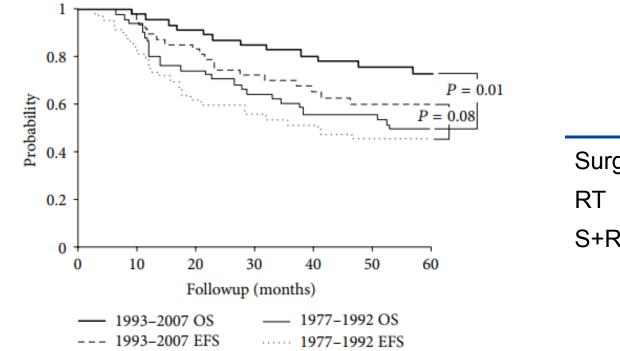


Womer et. al., *J Clin Oncol*, 2012

Research Article

Adult Ewing Sarcoma: Survival and Local Control Outcomes in 102 Patients with Localized Disease

Safia K. Ahmed,¹ Steven I. Robinson,² Scott H. Okuno,² Peter S. Rose,³ and Nadia N. Issa Laack⁴

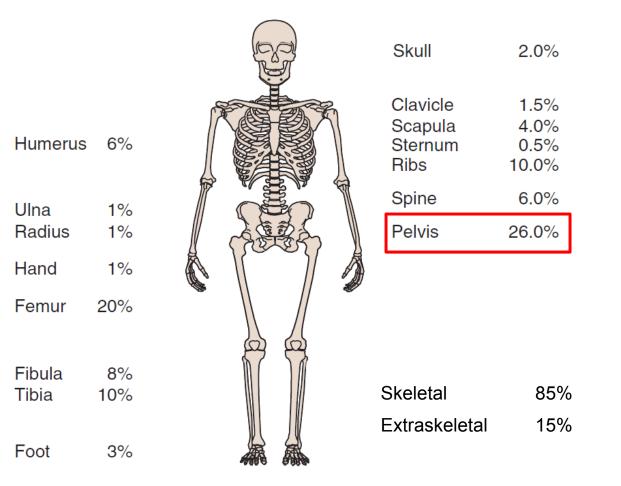


	Local Failure Rate	
Surgery	18%	
RT	33%	
S+RT	0%	



Ahmed et. al., *Sarcoma*, 2013 Baldini et. al., *Annals of Surgery*, 1999 Casey et. al., *Radiotherapy and Oncology*, 2014 Pretz et. al., *Oncologist*, 2017

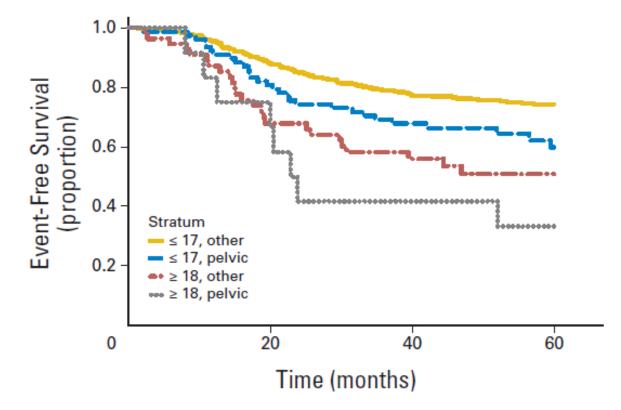
Primary Tumor Site



Ahmed et. al., *Pediatric Radiation Oncology*, 2017 (in press) Marina et. al., *Sarcoma*, 2015



Pelvis Tumors AEWS0031



EURO-EWING99: 30% local failure rate





Pelvis Ewing sarcoma: Local control and survival in the modern era

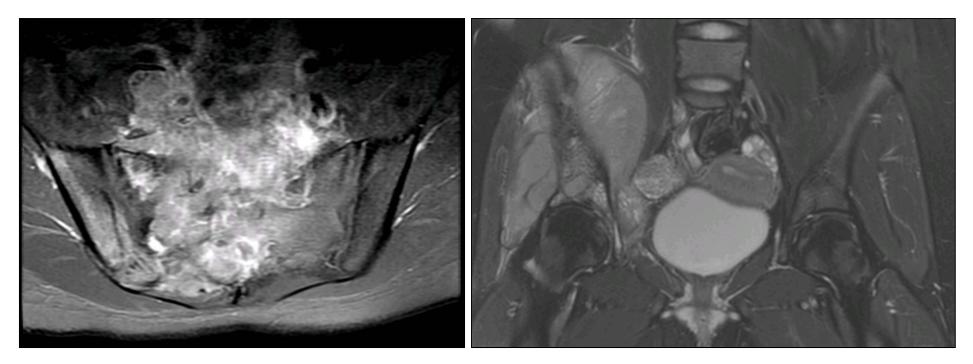
Safia K. Ahmed¹ | Steven I. Robinson² | Carola A. S. Arndt³ | Ivy A. Petersen¹ | Michael G. Haddock¹ | Peter S. Rose^{3,4} | Nadia N. Issa Laack¹

Local Failure Rate

19%
400/
13%
26%
2070
0%



Pelvis Tumors Treated with RT



Tumor involves L5-S3, right iliac wing, spinal canal, nerves, and soft tissue 12.3 x 8.1 x 6.3 cm Tumor involves right ilium, acetabulum, superior pubic ramus, vasculature, and soft tissue 15.0 x 13.2 x 9.3 cm



What Clinical Variables Are Prognostic For Local Failure?



Tumor Size

- COG Trials
 - < / ≥ 8 cm in maximum dimension
 - INT-0154: No correlation with outcomes
 - IINT-0091 & INT-0154: Tumors ≥ 8 cm associated with inferior EFS

- EURO-EWING99
 - Tumors ≥ 200 ml associated with higher local failure rate



Tumor Size Mayo Clinic Experience

- No correlation with local failure rate by < / ≥ 8 cm in maximum dimension
- Radiographic response to chemotherapy
 - Partial or complete response: 13%
 - Less than partial response: 36%



Prognostic Factors Pelvis Anatomic Subsites

- Mayo Clinic
 - 36% local recurrence rate for tumors with sacral involvement
- Scandinavian Sarcoma Group
 - Inferior EFS for tumors involving innominate bones



Prognostic Factors Histologic Response to Neoadjuvant Chemotherapy

Series	Histologic Response	EFS	Local Failure Rate
CESS 86	≤10% viable tumor cells >10% viable tumor cells	64% 38%	
AEWS0031	<90% necrosis ≥90% necrosis No viable tumor cells	~65% ~70% ~80%	
Mayo Clinic	≤5% viable tumor cells >5% viable tumor cells	76% 59%	
MD Anderson	≤95% necrosis >95% necrosis	36% 74%	44% 9%



Chihak, Ahmed et. al., Manuscript in preparation Pan et. al., *Int J Rad Onc Bio Phys*, 2015 Paulussen et. al., *J Clin Oncol*, 2001 Womer et. al., CTOS Annual Meeting, 2016

Local Tumor Control Mayo Clinic Experience

- Cohorts associated with higher local failure rate
 - Patients treated with RT
 - Patients with pelvis tumors

- Prognostic variables
 - Response to neoadjuvant chemotherapy
 - Anatomic subsites



Can We Validate Our Findings?

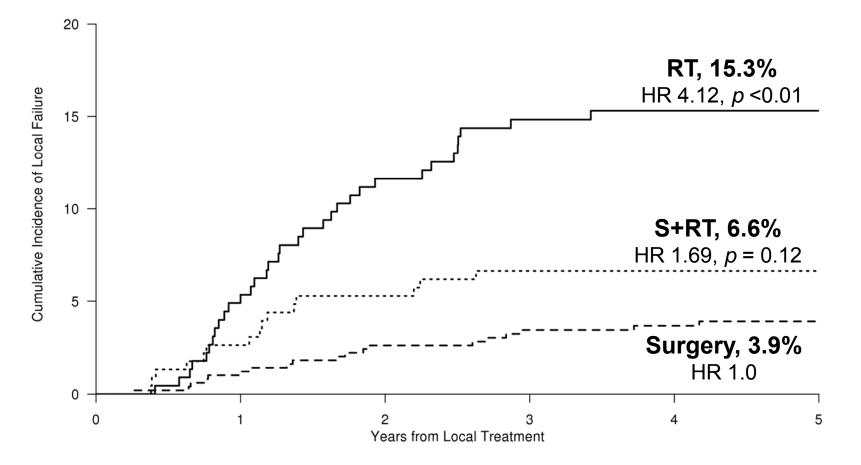


COG Local Failure Analysis

- Purpose: To identify clinical and treatment variables associated with higher risk of local failure in Ewing sarcoma patients treated on recent COG protocols
- 956 patients treated with IE based chemotherapy on INT-0091, INT-0154, and AEWS0031 trials



Optimal Local Therapy COG Local Failure Analysis



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Primary Tumor Site COG Local Failure Analysis

	Local Failure	Hazard Ratio	ρ	
Extremity	5.4%	1.0		74%, surgery
Pelvis	13.2%	2.47	<0.01	49%, RT
Axial non-spine	5.3%	0.95	0.90	53%, surgery
Spine	3.6%	0.60	0.49	63%, RT
Extraskeletal	9.1%	1.82	0.08	43%, S+RT

Axial non-spine = ribs, scapula, clavicle, sternum



Primary Tumor Site COG Local Failure Analysis

PELVIS TUMORS			
	Local Failure	Hazard Ratio	<u>p</u>
Surgery	3.9%	1.0	
RT	22.4%	6.31	0.01
S+RT	5.1%	1.31	0.78
EXTREMITY TUMORS			
	EXTREMIT	Y TUMORS	
	EXTREMIT Local Failure	Y TUMORS Hazard Ratio	P
Surgery			<u>p</u>
Surgery RT	Local Failure	Hazard Ratio	P <0.01

Echoed by EURO-EWING99 analysis



Extremity Tumors Treated with RT



Tumor extends 30.0 cm along the right femur, with a 23.0 x 22.0 x 12.6 cm soft tissue mass



Tumor Size COG Local Failure Analysis

Available in only 40% of cohort

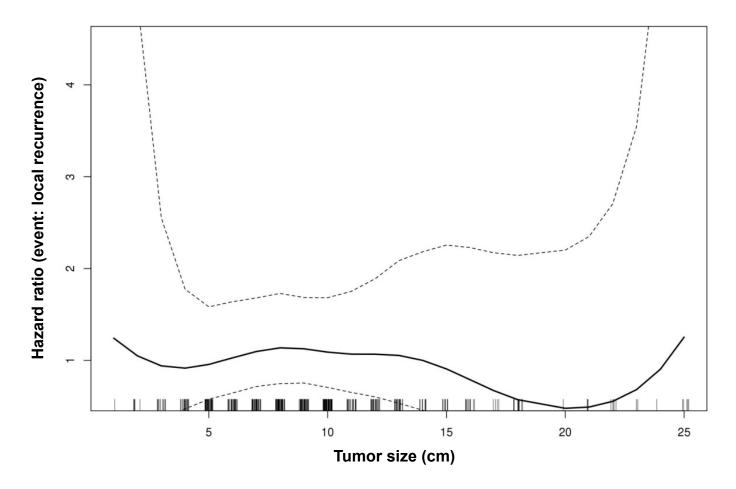
	Surgery	RT	S+RT	p
<8 cm	73 (54%)	42 (31%)	21 (15%)	0.21
≥8 cm	134 (54.2%)	60 (24.2%)	53 (21.4%)	

• No difference in local failure incidence: ~8%

	Surgery	RT	S+RT
<8 cm	7.2%	12.2%	4.8%
≥8 cm	3.1%	20.0%	5.9%

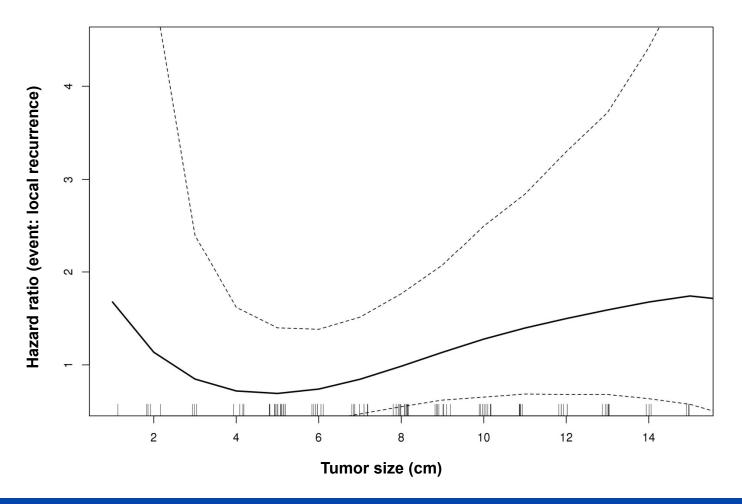


Tumor Size: All Patients COG Local Failure Analysis



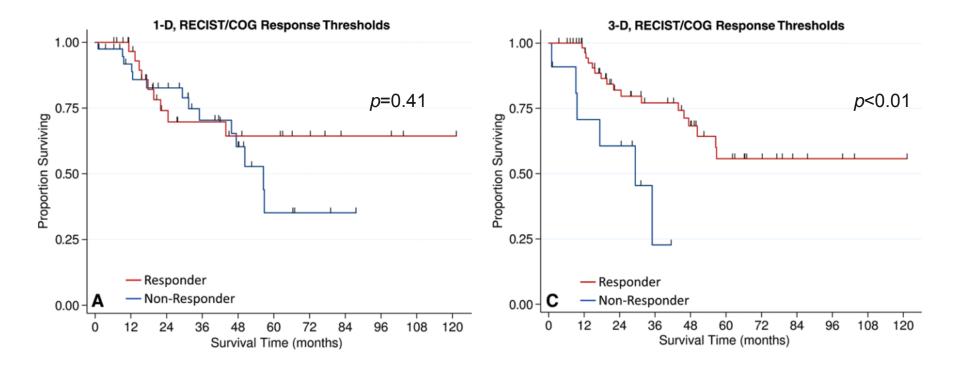


Tumor Size: RT Patients COG Local Failure Analysis





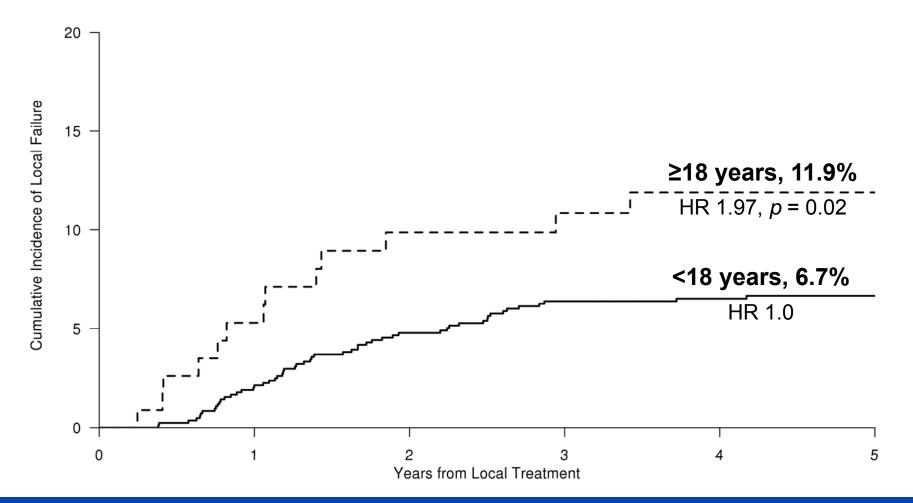
Tumor Size 1D Measurements Inadequate?



AEWS1031: Evaluate volumetric tumor size as prognostic factor for EFS



Patient Age COG Local Failure Analysis





Local Failure Summary High Risk Patients

- RT: ~3x higher risk
 - Pelvis tumors: ~6x higher risk
 - Extremity tumors: ~4x higher risk
- Adult patients: ~2x higher risk
- No association with tumor size in maximum dimension



How Can We Optimize Local Tumor Control For Patients At High Risk For Local Failure?



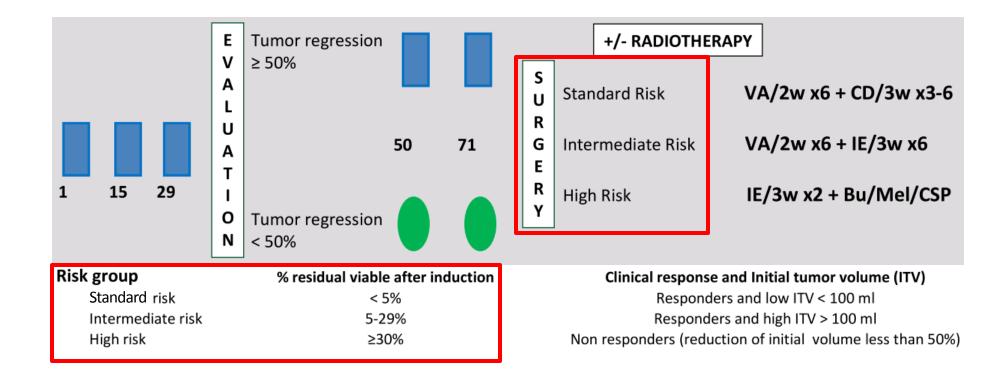
Histologic Response

Series	Histologic Response	EFS	Local Failure Rate
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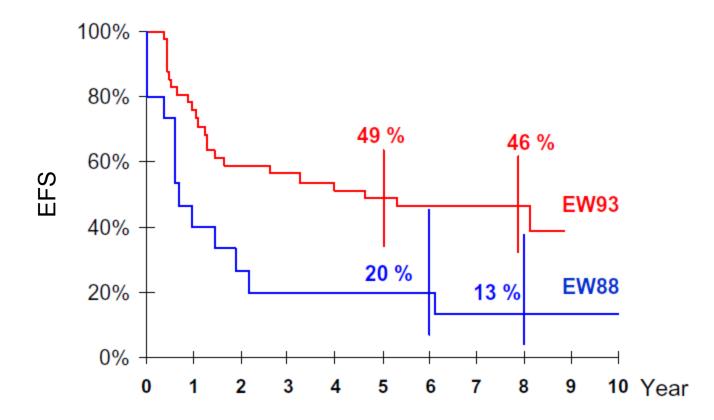
Chihak, Ahmed et. al., Manuscript in preparation Pan et. al., *Int J Rad Onc Bio Phys*, 2015 Paulussen et. al., *J Clin Oncol*, 2001 Womer et. al., CTOS Annual Meeting, 2016

Histologic Response French EW93





Histologic Response French EW93





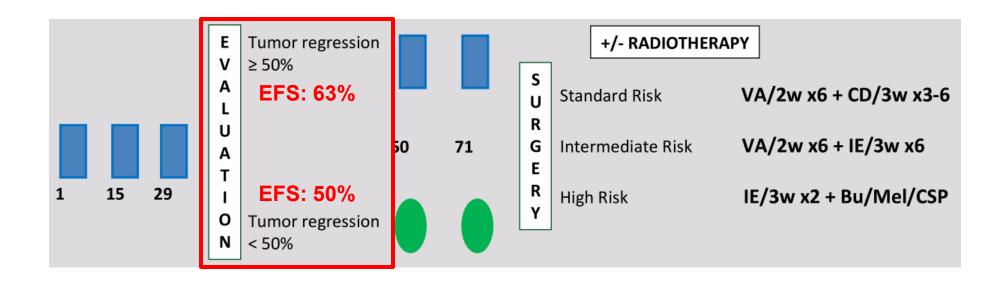
Gaspar et. al., Eur J Cancer, 2012

Histologic Response

- Potential to determine patients at higher risk of recurrence
- AEWS1031: Evaluate histologic response as prognostic factor for EFS
- Can only be assessed in surgical cases



Radiologic Response



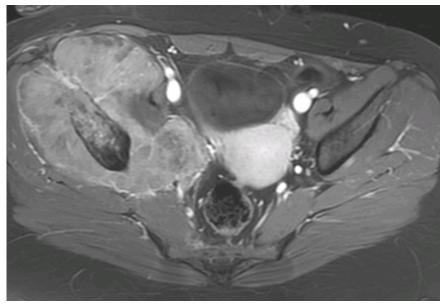
EURO-EWING99 :Tumor regression >90% associated with lower local failure rate

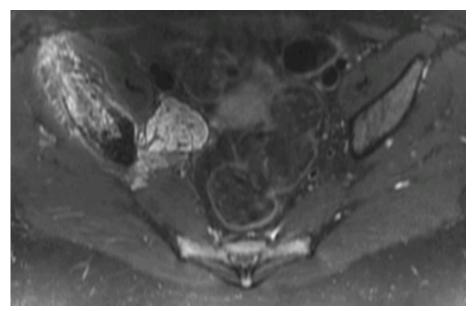


Andreou et. al., CTOS Annual Meeting, 2016 Gaspar et. al., *Eur J Cancer*, 2012

Radiologic Response

- Assessment of soft tissue response sufficient?
- How best to interpret osseous changes?



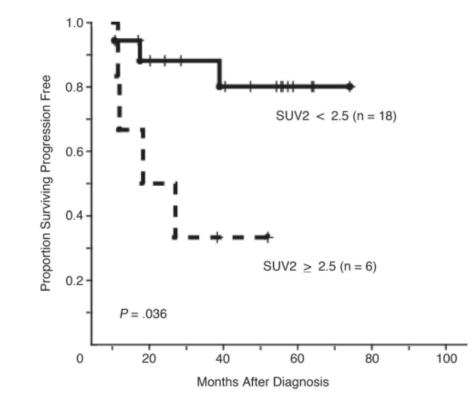


At diagnosis

S/p neoadjuvant chemotherapy



Radiologic Response PET/CT



Role for determining high risk RT cases?



Other Radiologic Assessments Tumor Hypoxia

- German analysis: Increasing tumor hypoxia associated with increased risk of metastses
- Correlation of tumor hypoxia with local tumor control?
- Hypoxia PET Tracers: ¹⁸F-FDG, ¹⁸F-FMISO, ¹⁸F-FAZA, and ⁶⁴Cu-ATSM

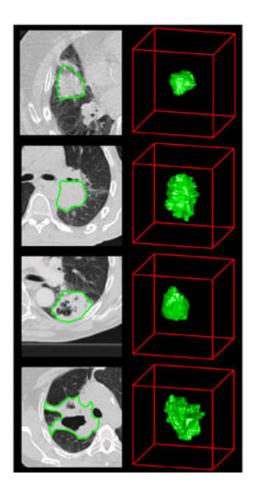


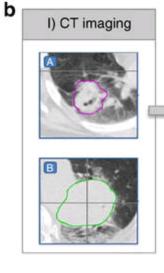
Other Radiologic Assessments Advanced MRI Imaging

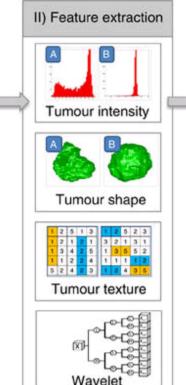
- Perfusion MRI
- Advanced MR Elastography
- Current Mayo Clinic Protocol: Establish correlation between perfusion MRI, ¹⁸F-FDG PET activity, MRI contrast enhancement, MRE and pathologic response for sarcomas

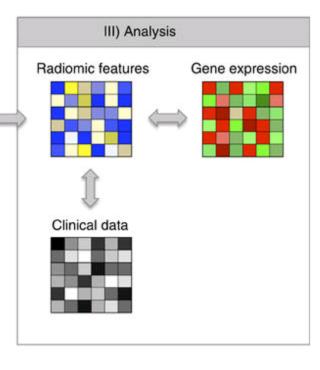


Other Radiologic Assessments Radiomics











High Risk Patients Optimization of Local Tumor Control

- Additional prognostic variables
 - Histologic response for surgical cases
 - Imaging characteristics and response for unresectable cases

 Intensification of local therapy



Intensification of Local Therapy S+RT

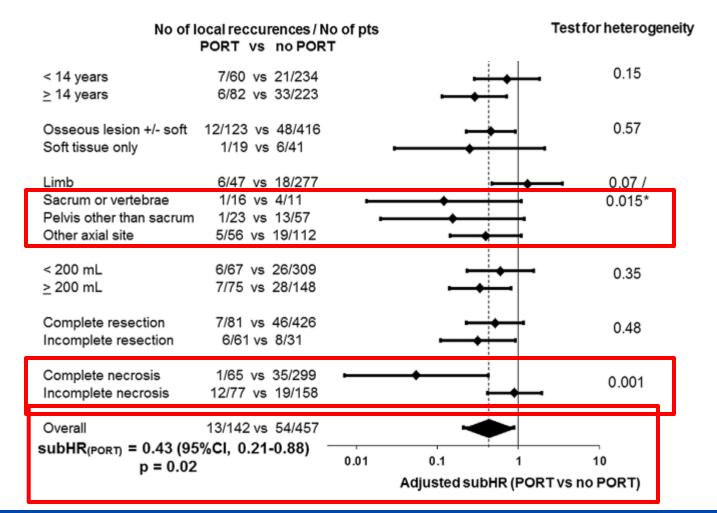
 Local failure incidence similar to surgery and superior to RT despite higher risk cases

	Local Failure Incidence	Hazard Ratio	P
Surgery	3.9%	1.0	
RT	15.3%	4.12	<0.01
S+RT	6.6%	1.69	0.12

 Standard of care for majority of high risk soft tissue sarcomas



S+RT EURO-EWING99





Dirksen et. al., SIOP Annual Meeting, 2016 Foulan et. al., *Eur J Cancer*, 2016

Functional Outcomes & Quality of Life

- European Survivorship Study
 - Survivors returned to normal life with minor limitations
 - 56% received S+RT
- Mayo Clinic Survivorship Analysis
 - Local therapy modality does not significantly affect musculoskeletal outcomes or quality of life



Preoperative RT?

- Advantageous compared to postoperative RT for soft tissue sarcomas
- Lower dose and more limited treatment volumes
- AEWS1031: 36.0 Gy



Intensification of Local Therapy RT Dose Escalation

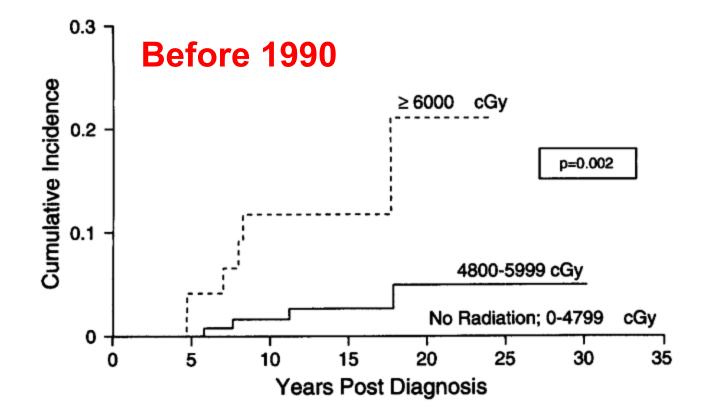
Series	RT Dose	Local Failure
IESS I	<40 Gy ≥60 Gy	0% 6%
Baylor / Methodist Hospital	≤8 cm, <49 Gy ≥49 Gy ≥8 cm, <54 Gy ≥54 Gy	100% 6.7% 100% 14.3%
Mayo Clinic	<56 Gy ≥56 Gy	36% 0%
St. Jude, Phase II trial	≥8 cm, 64.8 Gy	0%

IESS = Intergroup Ewing's Sarcoma Study



Ahmed et. al., *Sarcoma*, 2013 Paulino et. al, *Pediatr Blood Cancer*, 2007 Razek et. al., *Cancer*, 1980 Talleur et. al., *Int J Rad Bio Phys*, 2016

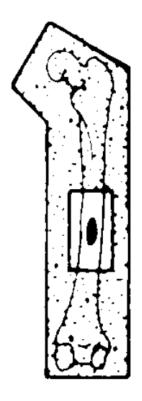
RT Dose Escalation Secondary Sarcoma Risk



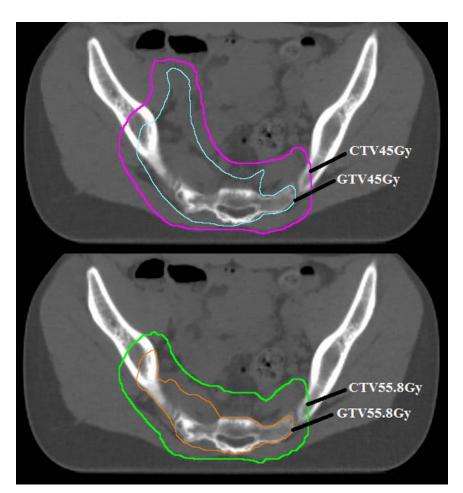


Kuttesch et. al., J Clin Oncol, 1996

Secondary Sarcoma Risk RT Treatment Volume



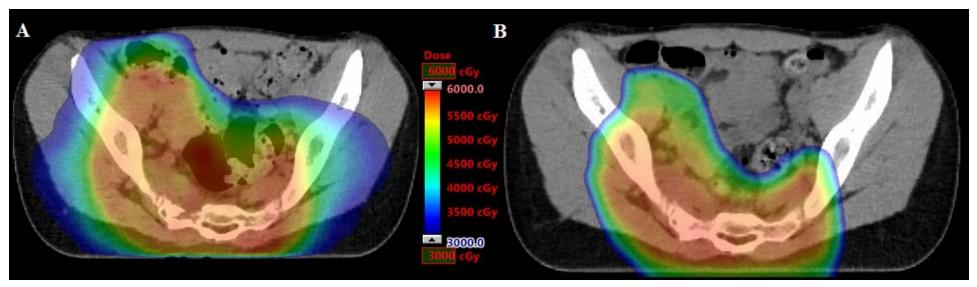
Early cooperative group trials



Ahmed et. al., Pediatric Radiation Oncology, 2017 (in press) Razek et. al., *Cancer*, 1980



RT Dose Escalation Contemporary Planning Techniques



IMRT

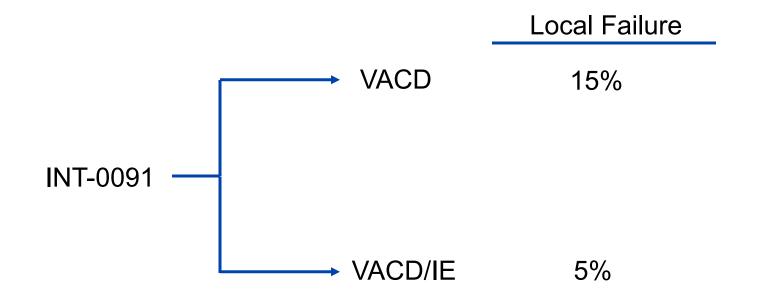
IMPT

Doses ~70.0 GyRBE for osteosarcoma, chordoma, and chondrosarcoma



Ahmed et. al., Pediatric Radiation Oncology, 2017 (in press) Ciernik et. al., *Int J Rad Bio Phys*, 2011 DeLaney et. al., *Int J Rad Bio Phys*, 2009 Indelicato et. al., *Int J Rad Bio Phys*, 2016

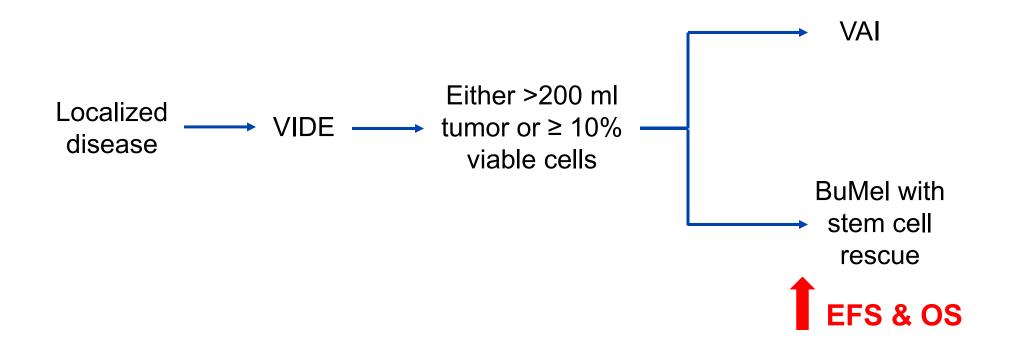
Intensification of Local Therapy Systemic Agents





Grier et. al., N Engl J Med, 2003





VIDE = vincristine, doxorubicin, ifosfamide, etoposide VAI= vincristine, actinomycin D, ifosfamide BuMeI = busulfan, melphalan



Whelan et. al., ASCO Annual Meeting, 2016

Intensification of Local Therapy Systemic Agents

- AEWS1031: VDC/IE/VTC
- SARC 028: Pembrolizumab
 - No significant response in bone tumors
- DNA repair pathway inhibitors
 - Ewing sarcoma cells express high levels of DNA replication stress



What Are The Future Directions For Local Therapy In Ewing Sarcoma?

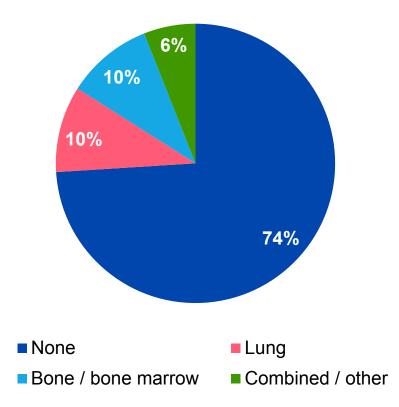


Future Directions

- Comprehensive analysis of pelvis tumors treated on INT-0091, INT-0154, and AEWS0031 trials
- Further characterization of tumors at diagnosis and in response to neoadjuvant chemotherapy with newer imaging techniques
- High risk pilot study



Metastatic Disease



	INT-0091	
	5 year OS	
Localized disease	72%	
Metastatic disease	34%	



Ahmed et. al., *Pediatric Radiation Oncology,* 2017 (in press) Grier et. al., *N Engl J Med*, 2003

Metastatic Disease Local Tumor(s) Control

Series	Treatment	EFS
Methodist	Absence of local therapy to primary site	Median OS: 9 mo
EURO-EWING99	Absence of local therapy to metastases Local therapy to metastases	17% 39%
Mayo Clinic	Absence of local therapy to all metastases Local therapy to all metastases	0% 11%

AEWS1221: SBRT for bone metastases



Ahmed et. al., *Am J Clin Oncol*, 2014 Childrensoncologygroup.org Hauesler et. al., *Cancer*, 2009 Paulino et. al., *Am J Clin Oncol*, 2013

- Local therapy crucial component of multimodal therapy for Ewing Sarcoma
- Choice of local therapy modality made on a case by case basis
- Current 5 year local failure rates: 3-25%



- Highest risk cohorts for local failure:
 - Patients treated with definitive radiotherapy
 - Especially pelvis and extremity tumors
 - Adult patients
 - Question tumor size



- Additional prognostic factors
 - Alternative to tumor size in maximum dimension
 - New imaging techniques
 - Response to neoadjuvant chemotherapy



- Local therapy intensification for high risk patients
 - S+RT
 - RT dose escalation
 - New systemic agents
 - Local therapy of all metastases



Acknowledgements

- Co-investigators
- Children's Oncology Group
- Dr. Nadia Laack





Questions & Discussion

